

YOUR BUSINESS IN TRAINING

Being a great instructor is not the same skill as being a highly effective self-employed Pilates teacher or business owner who gets repeatable bottom line results.

You are an expert at helping your clients produce results, get strong, be fit, be healthy.

Are you an expert at growing your business, filling your programs and sustaining them?

If you want to be great at the business side and have a profitable, sustainable Pilates business, that doesn't run you, then it's time for a little Pilates business training.

Call or Email for a Free
Business Analysis Meeting

858.689.9777

Metro Pilates

<http://metromm.com>

Master the Business Side of Pilates

What You Gain From Metro Pilates Business Coaching

Learn to embody the **Mind Set Habits** that set you up for extreme success. Breakthrough your fears, resistance, or current performance ceiling.

Master the **Time Management Monster** – Learn to focus and organize client and business time for maximum flow, productivity, ease, and freedom.

Marketing Magic – Implement the right marketing for a thriving Pilates studio – stuff that doesn't suck your time or budget and produces a continuous flow of qualified clients and students.

Conversion and Retention – The 2 most important skillsets to have – Get you and your teachers converting and retaining at 90+%

Master the craft of **Planning Your Business and Workin' Your Plan** to create forecasts, timelines and tracking that naturally cause profitability and sustainability.

Master **Financial Management** with a conscious, active budget and innovative systems that keep your finger on the pulse of your business.

Stay present to what motivates you and causes commitment so that your programs naturally fill and you can stay focused on clients.

Learn the essential structures that will make you profitable but keep your heart leading.

Strengthen leadership skills to inspire and manage a great team.

Strong accountable mentorship that causes you to excel.

Put Your Business Through Its Own Core Strength Program

